

Tore Morten Andreassen

**BASIC DRUM PARADIDDLES
IN 5/8 & 7/8
FOR PICK STYLE GUITAR**



TMA MUSIC 25

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Right hand sticking

R

Left hand sticking

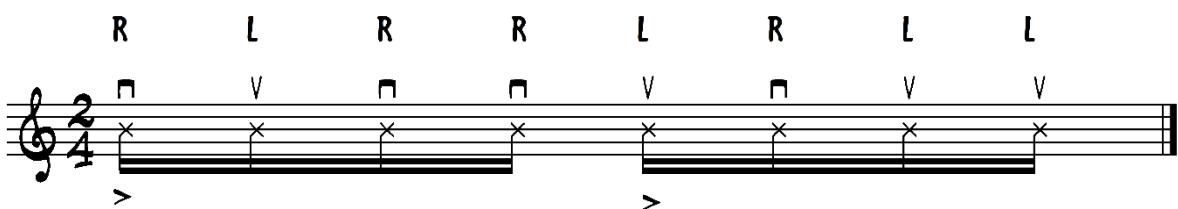
L

Downstrokes with a pick:

█

Upstrokes with a pick:

▽



This example shows **R** = Downstroke, **L** = Upstroke

5/8

SINGLE PARADIDDLE

1.

R L R R L R L L R L R R L R L L R L R R

5/8

1 2 3 4

L R L L R L R R L R L L R L R R L R L L

V n v v n v V n v v n v V n v v n v V n v v v v

5 6 7 8

2.

L R R L R L L R L R R L L R L R R L

5/8

1 2 3 4

R L L R L R R L R L R R L R L L R

n v v n v n v n n v n v v n v n v v n v v n

5 6 7 8

3.

R R L R L L R L R R R L L R L R R R L

5/8

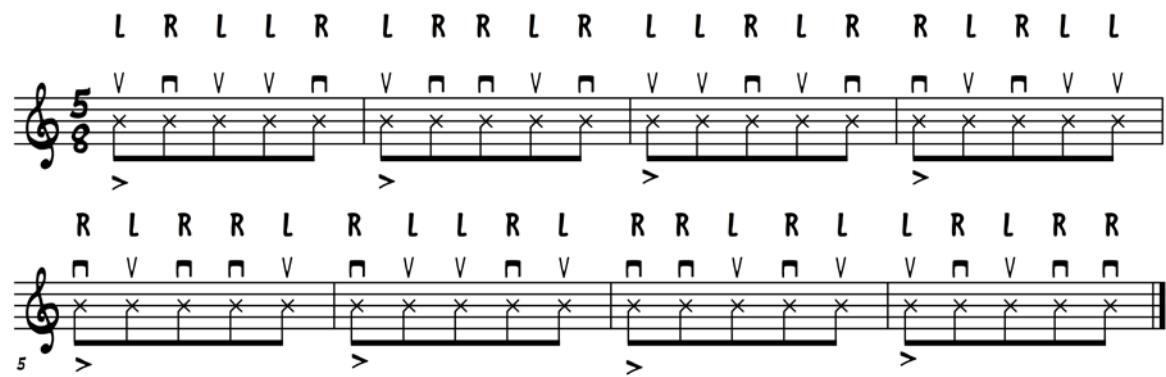
1 2 3 4

L L R L R R L R L L R L L R L L R L

v v n v n v n v v v n v n v v n v v n v

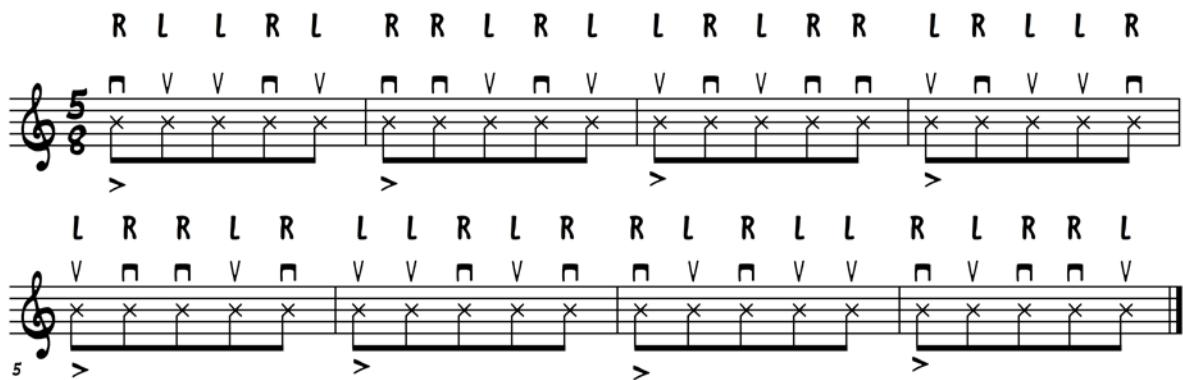
5 6 7 8

4.



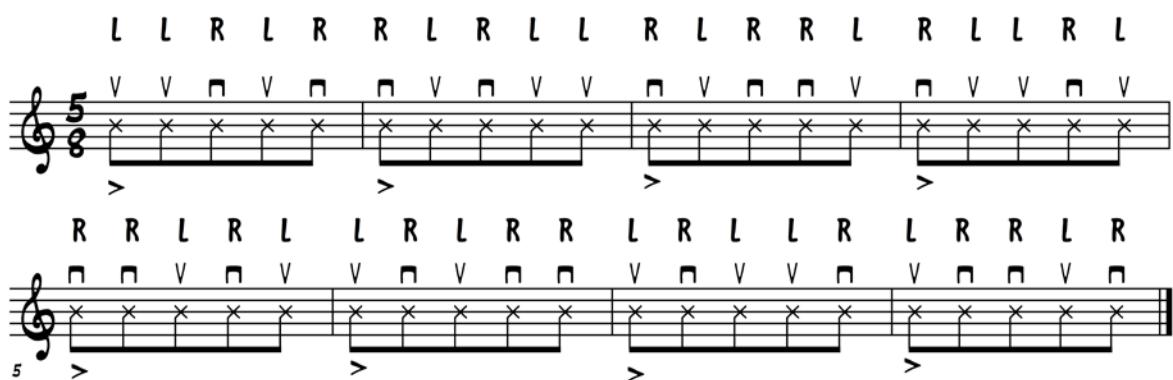
Hand drumming pattern 4 consists of two staves of musical notation. The top staff shows a sequence of strokes: L R L L R L R R L R L R R L L R L L L. The bottom staff shows a sequence of strokes: V □ V V □ V □ V □ V V □ V □ V □ V □ V V □ V □ V V. The notation uses a treble clef, a common time signature (indicated by '5'), and a 8/8 time signature. Measure numbers 1 and 5 are present below the staves. Performance instructions include vertical strokes (V), horizontal strokes (□), and diagonal strokes (X). Accents are marked with greater than symbols (>) under specific strokes.

5.



Hand drumming pattern 5 consists of two staves of musical notation. The top staff shows a sequence of strokes: R L L R L R R L R L R R L R L L R. The bottom staff shows a sequence of strokes: □ V V □ V □ V □ V □ V V □ V □ V □ V □ V V □ V □ V V. The notation uses a treble clef, a common time signature (indicated by '5'), and a 8/8 time signature. Measure numbers 1 and 5 are present below the staves. Performance instructions include vertical strokes (V), horizontal strokes (□), and diagonal strokes (X). Accents are marked with greater than symbols (>) under specific strokes.

6.



Hand drumming pattern 6 consists of two staves of musical notation. The top staff shows a sequence of strokes: L L R L R R L R L L R L R R R L R L L R L. The bottom staff shows a sequence of strokes: V V □ V □ V □ V □ V □ V V □ V □ V □ V □ V V □ V □ V V. The notation uses a treble clef, a common time signature (indicated by '5'), and a 8/8 time signature. Measure numbers 1 and 5 are present below the staves. Performance instructions include vertical strokes (V), horizontal strokes (□), and diagonal strokes (X). Accents are marked with greater than symbols (>) under specific strokes.

DOUBLE PARADIDDLE

1.

2.

3.

4.

5.

R R L R L R L L R L R L R R L R L R L L

5. > > > >

R L R L R R L R L R L L R L R L R R L R

6. > > > >

L R L L R L R L R R L R L R L L R L R L

9. > > > >

V n V V n V n V n n V n V n V V n V n V

TRIPLE PARADIDDLE

1.

Drum notation for Exercise 1, featuring a continuous sequence of paradiddle strokes. The pattern consists of three strokes on the left hand followed by two on the right hand, repeated in a loop. The notation includes lettering above the notes (e.g., R, L, R, L) and vertical bar markings below the notes (e.g., V, □, V, □). Measure numbers 5, 9, and 13 are indicated on the left side of the staff. The tempo is marked as 5/8.

2.

Drum notation for Exercise 2, featuring a continuous sequence of paradiddle strokes. The pattern consists of three strokes on the left hand followed by two on the right hand, repeated in a loop. The notation includes lettering above the notes (e.g., L, R, L, R, L, R) and vertical bar markings below the notes (e.g., V, □, V, □). Measure numbers 5, 9, and 13 are indicated on the left side of the staff. The tempo is marked as 5/8.

3.

5

R L R L R L R L L L R L R L R L R R R L R L R L

9

L R L R L R L R R R L R L R L R L R L R

13

4.

5.

R L R R L R L R L R L L R L R L R L R R

5 1 2 3 4 5 6 7 8 9 10 11 12 13

L R L R L R L L R L R L R L R L R L R L R

5 1 2 3 4 5 6 7 8 9 10 11 12 13

L R L L R L R L R L R R L R L R L R L R L L

5 1 2 3 4 5 6 7 8 9 10 11 12 13

R L R L R L R R L R L R L R L R L L R L R L

5 1 2 3 4 5 6 7 8 9 10 11 12 13

6.

L R R L R L R L R L L R L R L R L R L R L R R L

5 1 2 3 4 5 6 7 8 9 10 11 12 13

V n n v n v n v v n v n v n v n v n v

R L R L R L L R L R L R L R R L R L R L R L

5 1 2 3 4 5 6 7 8 9 10 11 12 13

R L L R L R L R L R R L R L R L R L L R

5 1 2 3 4 5 6 7 8 9 10 11 12 13

L R L R L R R L R L R L R L R L L R L R L R

5 1 2 3 4 5 6 7 8 9 10 11 12 13

7.

R R L R L R L R L L R L R L R L R R L R

5
8

13

8.

L R L R L R L R R L R L R L R L R L R L R

5
8

13

9.

L L R L R L R L R R L R L L R L R L L R L

5 V V □ V □ V □ V □ V □ V □ V □ V □ V □ V

R L R L R R L R L R L R L L R L R L R L

5 □ V □ V □ V □ V □ V □ V □ V □ V □ V □ V

R R L R L R L R L L R L R L R L R R L R

9 □ □ V □ V □ V □ V □ V □ V □ V □ V □ V

L R L R L L R L R L R L R R L R L R L R

13 V □ V □ V □ V □ V □ V □ V □ V □ V □ V

10.

R L L R L R L R L R R L R L R L R L L R

5 □ V V □ V □ V □ V □ V □ V □ V □ V □ V

L R L R L R R L R L R L R L L R L R L R

5 □ V □ V □ V □ V □ V □ V □ V □ V □ V

L R R L R L R L R L L R L R L R L R R L

9 □ □ V □ V □ V □ V □ V □ V □ V □ V

R L R L R L L R L R L R L R R L R L R L

13 □ V □ V □ V □ V □ V □ V □ V □ V

11.

L R L L R L R L R L R R L R L R L R L L
 V □ V □ V □ V □ V □ V □ V □ V □ V □ V □ V □ V □ V □ V □ V □ V
 5

> > > >

R L R L R L R R L R L R L R L R L L R L R L R L
 □ V □ V □ V □ V □ V □ V □ V □ V □ V □ V □ V □ V □ V □ V □ V □ V
 5

> > > >

R L R R L R L R L R L R L R L R L R R R
 □ V □ V □ V □ V □ V □ V □ V □ V □ V □ V □ V □ V □ V □ V □ V □ V
 9

> > > >

L R L R L R L L R L R L R L R L R L R L R
 V □ V □ V □ V □ V □ V □ V □ V □ V □ V □ V □ V □ V □ V □ V □ V
 13

> > > >

12.

A musical score for right-hand piano technique, featuring four staves of sixteenth-note patterns. The patterns involve alternating between R (right hand) and L (left hand) fingers, with specific fingerings indicated by 'x' or 'v' above the notes. Measure numbers 5, 9, and 13 are marked on the left side of each staff.

5

9

13

13.

14.

15.

L R L R L R L L R L R L R L R R L R L R

V □ V □ V □ V □ V □ V □ V □ V □

5 8

> > > >

L R L L R L R L R L R R L R L R L R L L

V □ V □ V □ V □ V □ V □ V □ V □ V □

5

> > > >

R L R L R L R R L R L R L R L L R L R L

□ V □ V □ V □ V □ V □ V □ V □ V □

9

> > > >

R L R R L R L R L R L L R L R L R L R R

□ V □ V □ V □ V □ V □ V □ V □ V □

13

> > > >

PARADIDDLE – DIDDLE

1.

Drum notation for Paradiddle-Diddle pattern 1. The pattern consists of two measures. The first measure starts with a paradiddle (R L R R L L) followed by a diddle (R L R R). The second measure starts with a paradiddle (R L L R L R R L) followed by a diddle (R R L L). The notation uses a treble clef, a common time signature (indicated by a '4' at the bottom), and a tempo of 5/8. The strokes are indicated by vertical stems with arrows pointing right, and the hand used is indicated by 'R' or 'L' above each stroke. The pattern includes various symbols such as 'x', 'v', and open squares.

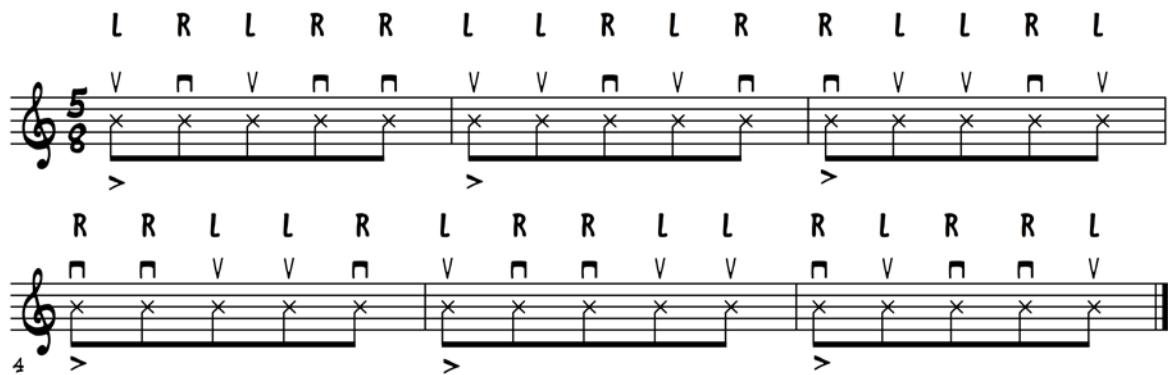
2.

Drum notation for Paradiddle-Diddle pattern 2. The pattern consists of two measures. The first measure starts with a paradiddle (L R R L L) followed by a diddle (R L R R L). The second measure starts with a paradiddle (L L R L R R L) followed by a diddle (R R L L R). The notation uses a treble clef, a common time signature (indicated by a '4' at the bottom), and a tempo of 5/8. The strokes are indicated by vertical stems with arrows pointing right, and the hand used is indicated by 'L' or 'R' above each stroke. The pattern includes various symbols such as 'x', 'v', and open squares.

3.

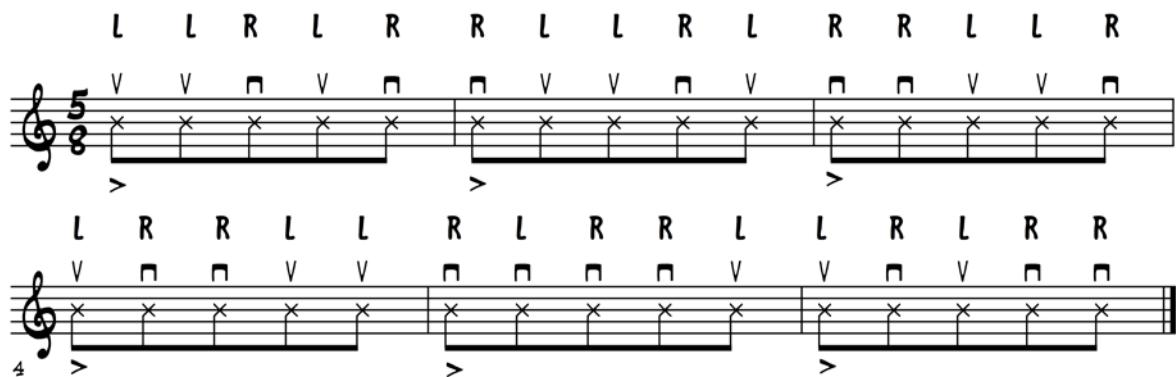
Drum notation for Paradiddle-Diddle pattern 3. The pattern consists of two measures. The first measure starts with a paradiddle (R R L L R L R R L L) followed by a diddle (R L R R L). The second measure starts with a paradiddle (L R L R R L L R R L) followed by a diddle (R L L R L). The notation uses a treble clef, a common time signature (indicated by a '4' at the bottom), and a tempo of 5/8. The strokes are indicated by vertical stems with arrows pointing right, and the hand used is indicated by 'R' or 'L' above each stroke. The pattern includes various symbols such as 'x', 'v', and open squares.

4.



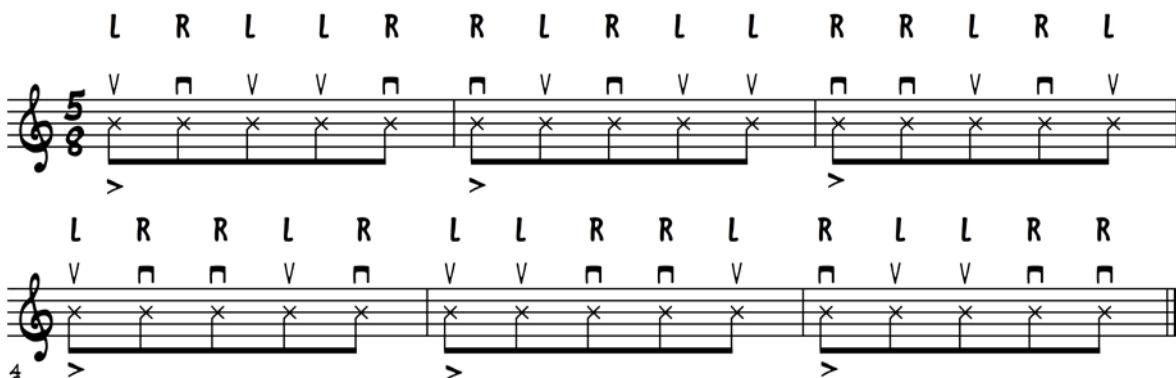
Hand drumming pattern 4 consists of two staves. The top staff is in common time (indicated by a '5') and the bottom staff is in 4/4 time. Both staves use a treble clef. The notation includes various hand symbols: 'L' (left hand), 'R' (right hand), 'V' (open hand), 'n' (closed fist), 'x' (crossed hands), and 'f' (fist). The patterns involve alternating between hands and different hand shapes. Measure lines divide the patterns into three measures each. Measures 1-2: Top staff LR LR RL RL RL RL; Bottom staff V n V n V n V n V n. Measures 3-4: Top staff L R L L R L R R L L R RL RL RL; Bottom staff n n V V n n V V n n V V. Measures 5-6: Top staff L R L L R L R R L L R RL RL RL; Bottom staff V n V V n n V V n n V V. Measures 7-8: Top staff L R L L R L R R L L R RL RL RL; Bottom staff V n V V n n V V n n V V.

5.



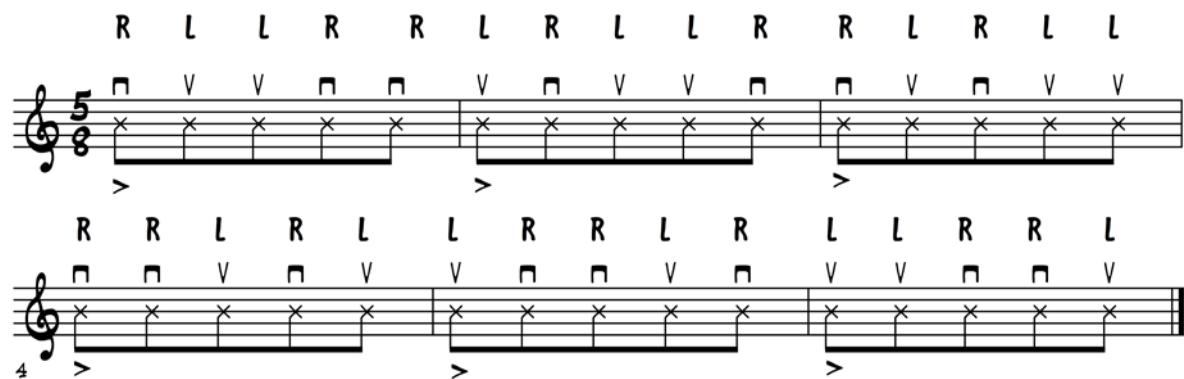
Hand drumming pattern 5 consists of two staves. The top staff is in common time (indicated by a '5') and the bottom staff is in 4/4 time. Both staves use a treble clef. The notation includes 'L', 'R', 'V', 'n', 'x', and 'f'. Measures 1-2: Top staff L L R L R R L L R L R R L L R; Bottom staff V V n V n n V V n V n V V n. Measures 3-4: Top staff L R R L L R L R R L L R L R R L; Bottom staff V n n V V n n V V n n V n n. Measures 5-6: Top staff L R R L L R L R R L L R L R R L; Bottom staff V n n V V n n V V n n V n n. Measures 7-8: Top staff L R R L L R L R R L L R L R R L; Bottom staff V n n V V n n V V n n V n n.

6.



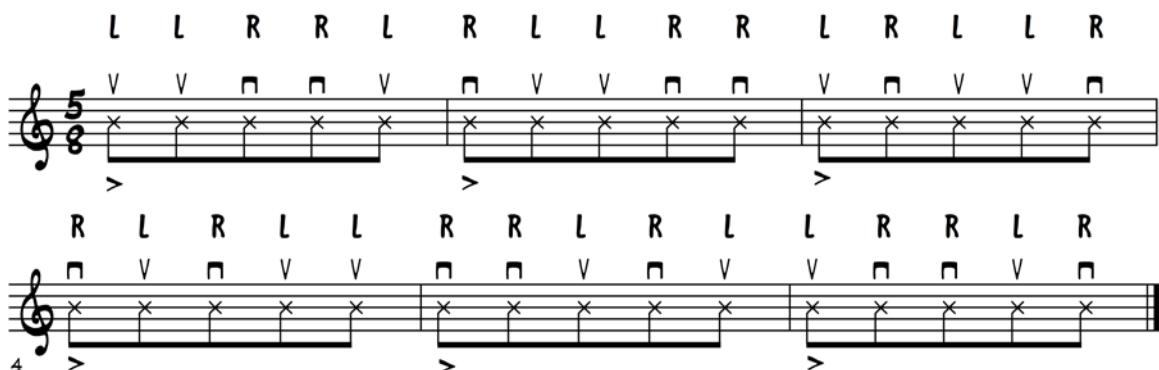
Hand drumming pattern 6 consists of two staves. The top staff is in common time (indicated by a '5') and the bottom staff is in 4/4 time. Both staves use a treble clef. The notation includes 'L', 'R', 'V', 'n', 'x', and 'f'. Measures 1-2: Top staff L R L L R R L R L L R R R L R L; Bottom staff V n V V n n V V n V V n n V V. Measures 3-4: Top staff L R R L R L L R R R L R L L R R; Bottom staff V n n V V n n V V n n V V n n. Measures 5-6: Top staff L R R L R L L R R R L R L L R R; Bottom staff V n n V V n n V V n n V V n n. Measures 7-8: Top staff L R R L R L L R R R L R L L R R; Bottom staff V n n V V n n V V n n V V n n.

7.



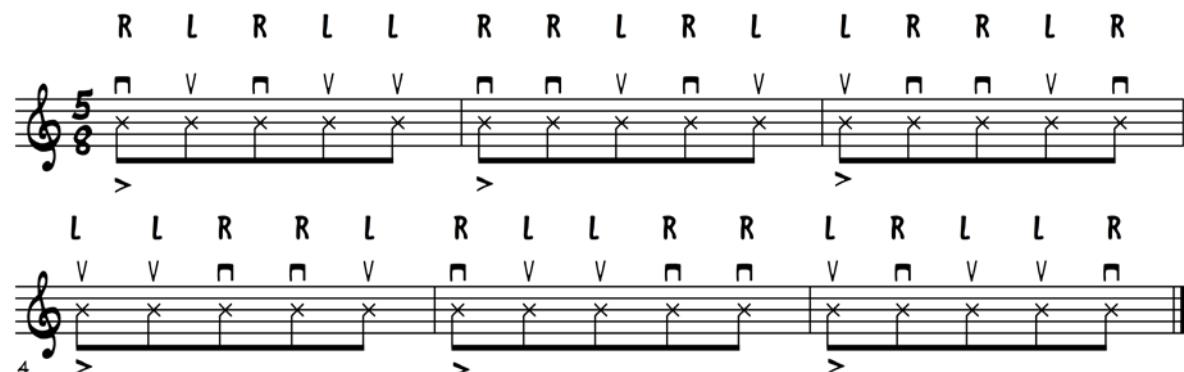
Hand drumming pattern 7 consists of two staves of musical notation. The top staff is in common time (indicated by a '5') and the bottom staff is in 4/4 time. Both staves use a treble clef. The notation includes vertical strokes (V), horizontal dashes (—), and diagonal dashes (X). The patterns involve alternating between R (right hand) and L (left hand) strokes, with specific stroke types indicated by the symbols above the notes. Measure lines divide the patterns into three measures each. The first measure starts with R, followed by L, then R, then L, then R, then L, then R, then L, then L. The second measure starts with R, followed by R, then L, then R, then L, then R, then R, then L. The third measure starts with R, followed by R, then L, then R, then L, then R, then R, then L.

8.



Hand drumming pattern 8 consists of two staves of musical notation. The top staff is in common time (indicated by a '5') and the bottom staff is in 4/4 time. Both staves use a treble clef. The notation includes vertical strokes (V), horizontal dashes (—), and diagonal dashes (X). The patterns involve alternating between L (left hand) and R (right hand) strokes, with specific stroke types indicated by the symbols above the notes. Measure lines divide the patterns into three measures each. The first measure starts with L, followed by L, then R, then R, then L, then R, then L, then L, then R. The second measure starts with R, followed by L, then R, then L, then L, then R, then R, then L. The third measure starts with R, followed by L, then R, then L, then L, then R, then R, then L.

9.



Hand drumming pattern 9 consists of two staves of musical notation. The top staff is in common time (indicated by a '5') and the bottom staff is in 4/4 time. Both staves use a treble clef. The notation includes vertical strokes (V), horizontal dashes (—), and diagonal dashes (X). The patterns involve alternating between R (right hand) and L (left hand) strokes, with specific stroke types indicated by the symbols above the notes. Measure lines divide the patterns into three measures each. The first measure starts with R, followed by L, then R, then L, then L, then R, then R, then L, then R, then L, then R, then L, then R. The second measure starts with L, followed by L, then R, then R, then L, then R, then L, then L, then R. The third measure starts with L, followed by R, then R, then L, then L, then R, then R, then L, then R, then L, then L, then R.

10.

R R L R L L R R L R L L R R R L R L L

5 8

R L L R R L R L L R R L R L L L

4

7/8

SINGLE PARADIDDLE

1.

2.

L R R L R L L R L R R L R L R L R R L R L R R L
 V □ □ V □ V V □ V □ □ V □ V V □ V □ V V □ V □ V
 7 > > > >
 R L L R L R R L R L L R L R R L R L R L L R L R
 □ V V □ V □ V □ V V □ V V □ V □ V V □ V □ V V □ V
 5 > > > >

3.

4.

Sheet music for a right-hand technique exercise. The top staff shows a sequence of vertical strokes (V) and horizontal strokes (n) on a treble clef staff with a 7/8 time signature. The bottom staff shows a sequence of vertical strokes (V) and horizontal strokes (n) on a treble clef staff with a 5/8 time signature. Both staves have a dynamic marking of >.

5.

6.

DOUBLE PARADIDDLE

1.

R L R L R R L R L R L L L R L R L R R L R L R L R L L R L R L

R R L R L R L L R L R L R R L R L R L L L R L R L R R L R

L R L L R L R L R R L R L R L L R L R L R R L R L R L L

2.

L R L R R L R L R L L R L R L R R L R L R L L R L R L R

R L R L R L L R L R L R R L R L R L L R L R L R R L R L

R L L R L R L R R L R L R L L R L R L R R L R L R L L R

3.

4.

5.

R R L R L R L L R L R L R R L R L R L L R L R L R L R L R

7 8

5 6

9

TRIPLE PARADIDDLE

1.

R L R L R L R R L R L R L R L R L R L R L R L R

L R L L R L R L R L R R L R L L R L R L R L R R

L R L R L R L L R L R L R L R L R L R L R L R L

R L R R L R L R L R L R R L R L R L R L R L R L R L

R L R R L R L R L R L R L R R L R L R L R L R L R L

13 > > > >

2.

L R L R L R R L R L R L R L R L R L R L R L R L R L

R L L R L R L R L R R L R L L R L R L R R L R L R R L

R L R L R L L R L R L R L R L R L R L R L R L R L R L

R L R L R L L R L R L R L R L R L R L R L R L R L R L

L R R L R L R L R L R L R R L R L R L R L R L R L R L

13 > > > >

3.

1 LRLRRLR LRLRLLR LRLRLRR LRRLRLRL
V □ V □ V □ V □ V □ V □ V □ V □ V □ V □ V □ V □ V □ V □ V □ V
7 > > > >
LRLRLRL RRLRLRL RLLRLRL RLRLRLRL
V □ V □ V □ V □ V □ V □ V □ V □ V □ V □ V □ V □ V □ V □ V □ V
5 > > > >
RLRLLRL RLRLRRL RLRLRLL RLRLRLR
V □ V □ V □ V □ V □ V □ V □ V □ V □ V □ V □ V □ V □ V □ V □ V
9 > > > >
RLRLRLR LLRLRLR LRRRLRLR LRLLRLR
V □ V □ V □ V □ VV □ V □ V □ V □ V □ V □ V □ V □ V □ V □ V
13 > > > >

4.

5.

RLRRRLRL RLRLLRL RLRLRRL RLRLRLL

RLRLRRL RLRLRRL RLRLRRL RLRLRRL

RLRLRRL RLRLRRL RLRLRRL RLRLRRL

RLRLRRL RLRLRRL RLRLRRL RLRLRRL

RLRLRRL RLRLRRL RLRLRRL RLRLRRL

6.

LRRRLRLR LRLRLRLR LRLRRLR LRLRLLR

LRRLRLRR LRLRLRLR LRLRRLR LRLRRLR

RLRLRRL RLRLRRL RLRLRRL RLRLRRL

RLRLRRL RLRLRRL RLRLRRL RLRLRRL

RLRLRLL RLRLRRL RLRLRRL RLRLRRL

7.

RRLRLRL RLLRLRL RLRRRLRL RLRLLLRL

7
1 >
5 >
9 >
13 >

RLRLRRL RLLRLRL RLRLRLRL RLRLRLRL

LLRLRLR LRRRLRL LRLLRLRL LRRLRRLR

LRLRLLR LRLRLRRL LRLRLRL LRLRLRL

8.

LRLRLRL RRLRLRL RLLRLRL RLRRRLRL

7
1 >
5 >
9 >
13 >

RLRLLRL RLRLRRL RLRLRLRL RLRLRLRL

RLRLRLR LLRLRLR LRLRLRLR LRLLRLR

LRLRRLR LRLRLLR LRLRLRL RR LRLRLRL

9.

LLRRLRLR LRRRLRLR LRLRLRLR LRLRRLRL
VVVVVVVVVV VVVVVVVVV VVVVVVVVV VVVVVVVVV
7 > > > >
LRLRLLLR LRLRLRLR LRLRLRLR LRLRLRLR
VVVVVVVV VVVVVVV VVVVVVV VVVVVVV
5 > > > >
RRLRLRLR LLLRLRLR RLRLRLRL RLRLLLRL
VVVVVVVV VVVVVVV VVVVVVV VVVVVVV
9 > > > >
RLRLRRLR RLRLRLLL RLRLRLRL RLRLRLRL
VVVVVVVV VVVVVVV VVVVVVV VVVVVVV
13 > > > >

10.

11.

12.

R L R L L R L R L R L R R L R L R L R L L R L R L R L R

 R L R L R L R L L R L R L R L R R L R L R L R L L R L R

 L R L R R L R L R L R L L R L R L R L R R L R L R L R L

 L R L R L R L R R L R L R L R L L R L R L R L R R L R L

13.

The musical score consists of four staves of rhythmic patterns for guitar, starting at measure 7 and ending at measure 13. Each staff begins with a treble clef and a 'G' time signature.

Staff 1: The first staff shows a repeating pattern of sixteenth-note pairs: LRLRLLR, LRLRLRR, LRLRLRL, and LRLRLRL. The notes are marked with vertical stems and horizontal dashes. Measures 7 through 10 show this pattern. Measure 11 starts with a new pattern: VVVVVVVVVV. Measures 12 and 13 continue this pattern.

Staff 2: The second staff continues the pattern from Staff 1. Measures 7 through 10 show the same sixteenth-note pairs as Staff 1. Measures 11 through 13 show the VVVVVVVVVV pattern.

Staff 3: The third staff begins with a new pattern: RRLRLRLRL. Measures 7 through 10 show this pattern. Measures 11 through 13 show the VVVVVVVVVV pattern.

Staff 4: The fourth staff begins with a new pattern: RLRLRRL. Measures 7 through 10 show this pattern. Measures 11 through 13 show the VVVVVVVVVV pattern.

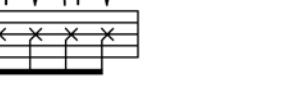
Measure 13: The score ends with a final pattern of sixteenth-note pairs: LLRLRLRL, LRRLRLRL, LRLLRLRL, and LRRLRLRL. The notes are marked with vertical stems and horizontal dashes. Measures 12 and 13 show this pattern.

14.

15.

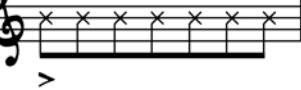
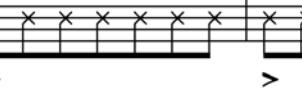
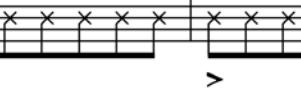
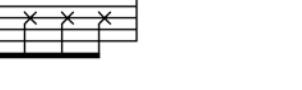
L R L R L R L L R L R L R L R R L R L R L R L L R L R L

V □ V □ V □ V V □ V □ V □ V □ □ V □ V □ V □ V V □ V □ V

7    
> > > >

R L R R L R L R L R L L L R L R L R L R R L R L R L R L L

□ V □ V □ V □ V □ V □ V V □ V □ V □ V □ V □ V □ V □ V V V V

5    
> > > >

R L R L R L R R L R L R L R L L R L R L R L R R L R L R

□ V □ V □ V □ V □ V □ V □ V □ V V V □ V □ V □ V V □ V □ V □ V

9    
> > > >

L R L L R L R L R L R R L R L R L R L L R L R L R L R R

V □ V V □ V □ V V □ V □ V □ V □ V V □ V □ V V □ V V □ V □ V □ V

13    
> > > >

PARADIDDLE – DIDDLE

1.

Drum notation for Paradiddle-Diddle exercise 1. The pattern consists of two measures. The first measure starts with a paradiddle (R L R R | L R) followed by a diddle (R R L L). The second measure starts with a paradiddle (R L L R | L R) followed by a diddle (R R L L). The notation uses a treble clef, a common time signature, and includes stroke markings (x, *, V, □) and accents (>).

R L R R | L R R R L L
R L L R | L R R R L L

2.

Drum notation for Paradiddle-Diddle exercise 2. The pattern consists of two measures. The first measure starts with a paradiddle (L R R | L L R) followed by a diddle (R R L L). The second measure starts with a paradiddle (L L R | L R R) followed by a diddle (L L R R). The notation uses a treble clef, a common time signature, and includes stroke markings (x, *, V, □) and accents (>).

L R R | L L R R R L L
L L R | L R R L L R R

3.

Drum notation for Paradiddle-Diddle exercise 3. The pattern consists of two measures. The first measure starts with a paradiddle (R R L L | R L R) followed by a diddle (R R L L). The second measure starts with a paradiddle (L R L R | R L L) followed by a diddle (R R L L). The notation uses a treble clef, a common time signature, and includes stroke markings (x, *, V, □) and accents (>).

R R L L | R L R R R L L
L R L R | R L L R R L L

4.

5.

Sheet music for a right-hand technique exercise. The top staff shows a sequence of alternating L and R strokes with vertical and horizontal strokes. The bottom staff shows a sequence of R, R, L, L, R, L followed by a repeat sign.

6.

7.

8.

The image displays two staves of musical notation for right-hand guitar technique. The top staff uses a treble clef, a 7/8 time signature, and a six-string guitar neck. It features a sequence of alternating L and R strokes. The bottom staff uses a treble clef, a 4/4 time signature, and a six-string guitar neck. It features a sequence of alternating R and L strokes. Both staves include vertical bar lines and small 'x' marks indicating specific string or finger locations.

9.

10.

R R L R L L R R L R L L R R L R L L R R L

7
8

R L L R R L R L L R R L R L L R R L R L L

4